



# Saguaro National Park (East)

## Naturalist Program Schedule

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Programs meet at the Rincon Mountain Visitor Center, 3693 S. Old Spanish Trail. Program schedules are subject to change. Call the visitor center at (520) 733-5153 for updates or to make **RESERVATIONS**.

*Programs marked with an \* are wheelchair accessible.*

### March 8 – March 14, 2010

#### Monday, March 8

**10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment.

#### Tuesday, March 9

**10:00 a.m. Sonoran Lifestyles**

Join a park naturalist on this 2-hour, 1-mile walk to discover how plants and animals adapt to life in the desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. Natural History Table\***

Join a park naturalist on the visitor center patio to have your questions answered about the natural history of the Sonoran Desert. This is an on-going, 30-minute program.

**2:30 p.m. Reptiles and Amphibians of the Sonoran Desert\***

Join park naturalist Bob Brandner for this 30-minute presentation to discover the fascinating world of reptiles and amphibians.

#### Wednesday, March 10

**9:00 a.m. Desert Morning Hike**

Join a park naturalist for this 3-hour, 4-mile exploration of Saguaro National Park. Wear sturdy hiking shoes and bring water and a trail snack.

**10:00 a.m. Desert Discovery**

Join a park naturalist on this 2-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

#### Thursday, March 11

**10:00 a.m. Desert Discovery**

Join park naturalists on this 2-hour, 2-mile walk to discover the secrets of the Sonoran Desert. Wear comfortable walking shoes and bring water.

**11:00 a.m. What's for Dinner?**

Join a ranger on this 2-hour walk to learn what the local wildlife dines on in the desert.

**7:00 p.m. Star Party\***

Join park naturalists for an introduction to astronomy and a look at the desert night sky. Telescopes and binoculars will be available. *This program is wheelchair accessible.*

## **Friday, March 12**

### **8:00 a.m. Desert Bird Walk**

Join volunteer naturalists Vicki Powers and Ralph Terry for an easy 2-hour walk in search of desert birds. Wear comfortable walking shoes and bring water.

### **9:00 a.m. Cowboys in the Rincon Valley**

Join a park naturalist on this 2-hour, 2 ½-mile hike to explore the history and nature of the Rincon Valley. Meet at the visitor center, then caravan to the Hope Camp Trail. Wear comfortable hiking shoes, a hat and bring water and a trail snack.

### **11:00 a.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment

## **Saturday, March 13**

### **10:00 a.m. Exploring the Desert**

Join park ranger Laura Bolyard on this kid-friendly, 2-hour, 1½ - 2-mile walk to explore life in the Sonoran Desert. In addition to water and sturdy shoes, bring a camera, as you might just find something unique along the way.

### **2:00 p.m. Mean, Green Machines\***

This 30-minute garden walk will explore how desert plants, with the simplest of materials and parts, have adapted to life in a harsh land. OR, "Life in the desert is easy if you're Mean and Green!"

## **Sunday, March 14**

### **10:00 a.m. Park History 101**

A hike down memory lane. Join park ranger Arlo Ogden on a two mile, two hour hike to discover some of the unique history of Saguaro National Park.

Trails and topics change weekly.

### **2:00 p.m. Yesterday, Today and...Saguaro?\***

Change is coming to the Cactus Forest and we can't do anything about it! But don't worry – change has been happening here for thousands of years. Come explore the life cycles of the saguaro cactus and the changing face of its Sonoran Desert home on this ¼ mile, 90-minute walk.

### **3:00 p.m. Desert Adaptations\***

Join a park naturalist on this 30-minute garden walk to learn how plants have unique ways of adapting to their desert environment